



## Challenge Yourself!

The Seven Summits of Big Bear is a challenge to the residents and visitors to the Big Bear Valley to climb seven of the highest peaks surrounding the area. It demands a great attitude, determination, exploration, and pushing your fitness to new levels.

*Congratulations on accepting the challenge!*

Orienteering punches at the top of each summit prove you made it. Each punch holds a unique pattern of needles that you will stamp into the box for each peak.

Each summit has a guided group hike date which are a great chance to get out there with some experienced hikers, meet hiking buddies, and generally enjoy the energy of the group effort to get to each summit. Of course, you can also do each hike on your own.

Hikers should bring plenty of water, snacks, proper footwear, sun-screen, sunglasses, a hat, and a basic first aid kit. Maps and directional devices are highly encouraged, too. Dogs are allowed on the Seven Summits group hikes, but must be on a leash.

## Group Hike Dates

1. Grays Peak	Saturday, May 28	8am
2. Bertha Peak	Saturday, June 11	8am
3. Gold Mtn	Saturday, July 2	8am
4. Delamar Mtn	Saturday, July 23	8am
5. Butler Peak	Saturday, Aug 13	8am
6. Sugarloaf Mtn	Saturday, Sept 3	7am
7. San Gorgonio	Saturday, Sept 17	TBD

More Information at [SevenSummitsofBigBear.org](http://SevenSummitsofBigBear.org)

Organized hike dates and/or times are subject to change depending on current conditions. Check the web site for last minute updates!

Grays Peak

PUNCH  
HERE

Bertha Peak

Gold Mountain

Delamar Mountain

Butler Peak

Sugarloaf Mountain

San Gorgonio